

## **UPCOMING VETERANS EVENTS AS OF SEPTEMBER 2023**

*\*\*\* All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at [Justyn.Charon@va.gov](mailto:Justyn.Charon@va.gov) \*\*\**

**Post-Traumatic Stress Disorder Group (PTSD)** – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

**Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 9:30 – 11:00 a.m.

**Vietnam Veteran PTSD Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

**Art Expression Group** – Every Thursday from 9:00 – 12:00 p.m.

**Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group** – Every Wednesday from 11:00 – 12:00 p.m.

**Stress Management-** Every Thursday from 9:00 – 10:00 a.m.

**Low Impact Walking Group** – Every Tuesday from 9:00 – 10:00 a.m.

**Guitar 4 Veterans** – Every Wednesday from 7:00-8:30 p.m.

**Monday Mindfulness Group** – Every Monday from 10:00 - 11:00 a.m.

**Yoga Group** – Every Friday from 12:00 - 1:00 p.m.

**Moral Injury Group** – Every Friday from 10:00 - 11:00 a.m.

**Modern Warrior Support Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 2:30 - 4:00 p.m.

**2023 Project New Hope Inc. Veterans'**

**Retreats:** [www.projectnewhopema.org/home/retreats/](http://www.projectnewhopema.org/home/retreats/)

**THURSDAY, JUL 20 THRU THURSDAY, DEC 28**

**Substance Use Recovery Meetings at Raffa Yoga - Weekly on Thursdays**

**Location:** Raffa Yoga 19 Sharpe Drive Cranston RI, All day

**WEDNESDAY, AUG 9 THRU WEDNESDAY, JAN 3, 2024**

**RAMP Live Video Podcast - Wednesdays at 7PM**

**Location:** RAMP Facebook Page or [www.CoalitionRadioNetwork.com](http://www.CoalitionRadioNetwork.com), All day

**TUESDAY, SEP 26, 9:00am 12:30pm** **A Public Health Approach: Addressing Mental Health and Suicide Prevention in Justice Involved and Underserved Veterans**

**THURSDAY, SEP 28, 5:00pm 7:00pm** **Veteran Golf Clinics - Free**

**Location:** One Button Hole Drive, Providence RI 02909

**SATURDAY, SEP 30, All day** **7th Annual War Veterans Tribute Cruise In** **Location:** RI

Veterans Home 480 Metacom Ave Bristol RI 02809

**THURSDAY, OCT 5, 5:00pm 10:00pm** **9th Annual "Rock the Mansion"**

**Location:** Eisenhower House Fort Adams State Park Newport RI

**THURSDAY, OCTOBER 5, 6:00pm** United Veterans Council meeting

**Location:** Powers Bldg, One Capital Hill, Providence, RI

**FRIDAY, OCTOBER 13, 2PM,** Pawtucket Veterans Council meeting

**Location:** VFW Post 306, 171 Fountain St., Pawtucket, RI

**SATURDAY, OCTOBER 14, 10AM** VFW District #1 meeting

**Location:** VFW Post 602, 55 Overland St, Pawtucket, RI

**TUESDAY, OCT 17, 3:30pm 6:00pm** **PGA HOPE: Operation Play Day**

**Location:** Kirkbrae Country Club 197 Old River Rd, Lincoln, RI 02865

**WEDNESDAY, OCT 18, 2:00pm 3:00pm** **Women Warriors Transition Call**

**Location:** Microsoft Teams

**SATURDAY, OCTOBER 28, 10:00am** VFWRI Council of Administration meeting

**Location:** Veterans of Foreign Wars Post 10011, Fruit Hill Ave North Providence

**THURSDAY, NOV 2 – SUNDAY DEC 31, All day** **Move To Heal: Every Wednesday at 6:30pm**

**Location:** Ocean State Crossfit North (300a George Washington Highway, Smithfield, RI 02917)

**THURSDAY, NOVEMBER 2, 6:00pm** United Veterans Council meeting

**Location:** Powers Bldg, One Capital Hill, Providence, RI

**FRIDAY, NOVEMBER 10, 2PM,** Pawtucket Veterans Council meeting

**Location:** VFW Post 306, 171 Fountain St., Pawtucket, RI

**WEDNESDAY, NOV 15, 2:00pm 3:00pm,** **Women Warriors Transition Call**

**Location:** Microsoft Teams

**FRIDAY, DECEMBER 8**, 2PM, Pawtucket Veterans Council meeting

**Location:** VFW Post 306, 171 Fountain St., Pawtucket, RI

**MONDAY, DECEMBER 11**, 10AM House Permanent Veterans Advisory Council meeting

**Location:** Room 135, State House

**MONDAY, DEC 11**, 12:00pm 1:00pm, **ANNUAL WREATHS ACROSS AMERICA STATE HOUSE CEREMONY**

**WEDNESDAY, DEC 20**, 2:00pm 3:00pm **Women Warriors Transition Call**

**Location:** Microsoft Teams

**NOTE: If the event is in [BLUE](#), hold down control key and click the [BLUE](#) icon.**