

UPCOMING VETERANS EVENTS 1-15-24

**** All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at Justyn.Charon@va.gov ****

Post-Traumatic Stress Disorder Group (PTSD) – 2nd and 4th Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group – 2nd and 4th Wednesday of the month from 9:30 – 11:00 a.m.

Vietnam Veteran PTSD Group – 1st and 3rd Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

Art Expression Group – Every Thursday from 9:00 – 12:00 p.m.

Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group – Every Wednesday from 11:00 – 12:00 p.m.

Stress Management- Every Thursday from 9:00 – 10:00 a.m.

Low Impact Walking Group – Every Tuesday from 9:00 – 10:00 a.m.

Guitar 4 Veterans – Every Wednesday from 7:00-8:30 p.m.

Monday Mindfulness Group – Every Monday from 10:00 - 11:00 a.m.

Yoga Group – Every Friday from 12:00 - 1:00 p.m.

Moral Injury Group – Every Friday from 10:00 - 11:00 a.m.

Modern Warrior Support Group – 1st and 3rd Monday of the month from 2:30 - 4:00 p.m.

2024 Project New Hope Inc. Veterans'

Retreats: www.projectnewhopema.org/home/retreats/

WEDNESDAY, JAN 17, [Veteran Town Hall - Initiatives to Support Mental Health](#)

Location: Cranston Public Library, 140 Sockanosset Crossroad Cranston RI, 5:00pm 6:30pm

Tuesday, January 17th, Gulf War Began (1991)

SATURDAY, JANUARY 20, [Horses Helping Our Warriors](#)

Location: Medicine Horse 1600 Eagleville Rd Tiverton RI, 10:30am- 12:30PM

Sunday, January 21st, 1PM, VFW Council of Administration meeting, Coventry Memorial, VFW Post 9404, 29 South Main St., Coventry, RI

TUESDAY, JAN 23 – MAR 27, [Boots to Bushels- 10 Weeks of Classes](#) All day

Wednesday, January 25th, Battle of the Bulge

SATURDAY, JANUARY 27, [Horses Helping Our Warriors](#)

Location: Medicine Horse 1600 Eagleville Rd Tiverton RI, 10:30am 12:30pm

SATURDAY, FEB 3, [Horses Helping Our Warriors](#)

Location: Medicine Horse 1600 Eagleville Rd Tiverton RI, 10:30am 12:30pm

Sunday. February 4th, Chapel of Four Chaplains Memorial Service at 930hrs., 1081 Main St. Coventry, RI, Cornerstone of Faith Methodist Church. (Parking is available)

TUESDAY, FEB 6, [It takes one to help one: Peer to Peer Group](#)

Location: Warwick Library 600 Sandy Lane Warwick, RI 02889, 11:00am 12:00pm

WEDNESDAY, FEB 7, [Can We Talk \(Community Conversations on Trauma & Healing\)](#),

Location: Bethel AME 30 Rochambeau Ave Providence RI, 5:00pm 6:30pm

FRIDAY, FEB 16- 25 [Newport Winter Festival](#)

Location: Newport, RI, All day

WEDNESDAY, FEB 21, [Can We Talk \(Community Conversations on Trauma & Healing\)](#)

Location: Open Table of Christ Church 1520 Broad Street Providence RI, 5:00pm 6:30pm

Friday, February 8th, 2:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Monday, February 12th, President Lincoln's Birthday (1809)

Wednesday, February 14th, Ash Wednesday

Wednesday, February 14th, Valentine's Day

Sunday, February 19th, 82th Birthday, US Coast Guard Reserve (1941)

Monday, February 19st, President's Day

Monday, February 19th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Wednesday, February 22nd, President Washington's Birthday (1732)

Thursday, February 23th, Veterans of Foreign Wars, Post 306, Spaghetti Dinner Fundraiser, 4-7PM. Tickets available at the door

MONDAY, FEBRUARY 26, [Veterans Coffee Social](#)

Location: Warwick Library 600 Sandy Lane Warwick, RI 02889, 5:00pm 6:00pm

Wednesday, February 28th, Gulf War Ends (1991)

Sunday, March 3rd, 109th Birthday, US Navy Reserve (1915)

WEDNESDAY, MAR 6, [Can We Talk \(Community Conversations on Trauma & Healing\)](#)

Location: Bethel AME 30 Rochambeau Ave Providence RI , 5:00pm 6:30pm

Friday, March 9th, 2:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

SATURDAY, MAR 16, [Newport ST. Patrick's Day Parade](#), 11:00am 1:00pm

Monday, March 18th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Tuesday, March 19th, Iraqi War Begins (2003)

WEDNESDAY, MAR 20, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI, 5:00pm 6:30pm

Sunday, March 24th, Palm Sunday

Monday, March 25th, National Medal of Honor Day

Friday, March 29th, National Vietnam War Veterans Day

Sunday, March 31th, Easter Sunday

Thursday, April 4th, US Officially Enters World War I (1917)

Friday, April 5th, Gold Star Spouses' Day

Saturday, April 9th, National Former Prisoner of War Recognition Day (not to be confused with National POW/MIA Recognition Day on the third Friday in September)

Friday, April 14th, 2:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Friday, April 14th, 75th Birthday, US Air Force Reserve (1948)

Monday, April 17th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Saturday, April 21st, Veterans of Foreign Wars, District #1 meeting, VFW Post 306, 171 Fountain St, Pawtucket, RI

Sunday, April 23rd, 115th Birthday, US Army Reserve (1908)

If any event is in [BLUE](#), click on the event for a flyer.

Would you like to see your veteran event here, please contact John P Gallo, President, Pawtucket Veterans Council. 401-573-7057 or johnlgg@cox.net